

## Parent Newsletter, Western Housing

February Issue, 2017-18

A Western Residence Update – February 2018

Welcome to the February 2018 issue of the Parent Newsletter! We hope your student has had a successful start to the winter term. This newsletter provides you with some important information about Intent to Register, academic resources for your student, Residence Counselling, meal plan, upper-year residence, summer accommodations and Reading Week notices.

### INTENT TO REGISTER (ITR)

If your student plans on returning to study at Western next September, they must complete the Intent to Register process by **March 31, 2018** to be able to register for courses. Click [here](#) for information on the process.

### HELPING YOUR STUDENT SUCCEED

Residence is an ideal place to combine living and learning, and we want to ensure your student has the best opportunity for success. If your student experienced any difficulties with exams, there are resources available to help ease the process for the second semester.

Your student can connect with their [Academic and Leadership Programmer](#) (ALP) in their residence for academic help. ALPs can help with ITR and run other workshops throughout the rest of the term.

Your student can connect with their ALP by email:

<b>Elgin Hall:</b> Hannah Foulds	<a href="mailto:alp.elgin@uwo.ca">alp.elgin@uwo.ca</a>
<b>Delaware Hall:</b> Alec Watson	<a href="mailto:alp.deli@uwo.ca">alp.deli@uwo.ca</a>
<b>Essex Hall:</b> Cameron Malthaner	<a href="mailto:alp.essex@uwo.ca">alp.essex@uwo.ca</a>
<b>Medway-Sydenham Hall:</b> Nyell Kreamer-Tonin	<a href="mailto:alp.medsyd@uwo.ca">alp.medsyd@uwo.ca</a>
<b>Ontario Hall:</b> Amanda Chapman	<a href="mailto:alp.ontario@uwo.ca">alp.ontario@uwo.ca</a>
<b>Perth Hall:</b> Jayne Kirby	<a href="mailto:alp.perth@uwo.ca">alp.perth@uwo.ca</a>
<b>Saugeen-Maitland Hall:</b> Nassir Al-Khishman	<a href="mailto:alp.saugeen@uwo.ca">alp.saugeen@uwo.ca</a>

## RESIDENCE COUNSELLING SUPPORT

We understand university life can be overwhelming at times. Help is near with our professional and confidential counselling services, exclusively for students living in a Main Campus Residence. Residence Counselling is free and welcomes all topics of discussion throughout the entire academic year. Our counsellors help students manage stress and anxiety, create time-effective routines and provide assistance for academic success.

Residence Counselling is located in room 3C10 in Ontario Hall. Appointments can be booked by emailing [needtotalk@uwo.ca](mailto:needtotalk@uwo.ca). We have multiple appointment times to work around your student's schedule, but there are often cancellations that free up spots within the same week of contact. For information on other mental health resources on campus, click [here](#).

## MEAL PLAN TOP-UPS

Is your student running low on meal plan funds? Additional credit to meal plans can be added [online](#) at any time.

Please note, any leftover meal plan credit can be transferred to the following academic year. View our [Meal Plan Transfers and Refunds FAQ](#) for more information.

## LIVE ON AFTER FIRST YEAR

If your student hasn't decided where to live next year, consider the convenience and support of [living on campus as an upper-year student](#). We have two upper-year residences: [Alumni House](#) and [London Hall](#). These are suite-style buildings with single rooms, a shared kitchen/living area and an optional meal plan. Students can also opt to live in any one of our other first-year buildings and are guaranteed a single room. Living on campus in your upper years also offers the flexibility of eight-month contracts and the ability to choose your room and roommates. If your student submits an application through the [myHousing portal](#) now, they will be entered in a contest to [win a MacBook Pro](#) among many other great prizes! Click [here](#) for deadlines and contest details.

## WESTERN SUMMER ACCOMMODATIONS

Are you or your student staying in London this summer? Stay at Western. Western Summer Accommodations offers affordable short- and long-term stays and is open to the public. Conveniently located in Ontario Hall and London Hall, this is the ideal location for anyone visiting, working or studying in London. To find out more, please visit [StayatWestern.ca](http://StayatWestern.ca) and if your student would like to book their accommodations for the summer, please email [stayatwestern@uwo.ca](mailto:stayatwestern@uwo.ca).

## READING WEEK

We hope your student enjoys their Reading Week break! Please be reminded that classes resume on February 26, and Dining Halls have [limited hours](#).

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Thank you for choosing Residence at Western for your student this past year. You can stay informed with all that is happening by following us on [Instagram](#), [Facebook](#) and [Twitter](#).

Questions? Feel free to call us at 519-661-3547 or email [housing@uwo.ca](mailto:housing@uwo.ca).

Western Housing